



IMA FOCUS

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HAPPY
Independence Day

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October 2026



IMA-KSB President Speaks On 23rd of Every month On Zoom Platform
Meeting ID : 477 216 0084 / Passcode : imaksb





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EDITORIAL BOARD

President

Dr.Veerabhadraiah.T.A
M-9845491293
drvveerabhadraiah@gmail.com

Editor

Dr.Anitha.D
M-9880104151
anitha.4151.d@gmail.com

Secretary-IMA Focus

Dr.Mallikarjun Panshetty
M-9243230100
mpanshetty@gmail.com

Honorary Treasurer:

Dr.Shankarnarayan.K.G
9845065527
drshankay@yahoo.com

Executive Editor

Dr. Suriraju.V
M-9902011037
vsurya_dvg@yahoo.co.in

Editorial board

Dr. Ravindra R
M-9845034546
dravindra@sugunahospital.com

Dr. Prabhakar.K
M-9448048308
drprabhakark@yahoo.in

Dr. Pavankumar N Patil
M-6364149150
drpavanpatil@gmail.com

Dr. Anitha N. Rao
M-9448007119
anitharaodr@gmail.com

Dr.Jagadish Kumar.P.M
M-9448047604
jagadeeshkumarp475@gmail.com

Dr.Srinivasulu Velu
M-9448060250
drseena4333@yahoo.com

Dr.Sushrith A Neelopanth
M-8095135404
sushritan@gmail.com

Dr.Arjun Hosahalli
9739288148
arjun.hosalli@gmail.com

IMA-KSB President-Elect.
Dr.Harisha Delanthabettu
M-9844028852
drharishad@gmail.com

Vice Presidents
Dr.Mohan Appaji
M-9845471569
coorgnanda@gmail.com

Dr.Annayya Kulal M. Ulthur
M-9448012028
drkulalannayya@gmail.com

Dr.Vijayakumar S. Kappikeri
M-9845332142
vijaykappikeri@gmail.com

Dr.Rajni.S
M-9844423713
rajni_s73@yahoo.com

Editorial

From the Desk of
Dr. Anitha D.



Dear Senior members, Colleagues and friends

!! Greetings from Editorial Committee IMA. FOCUS 2026!!

I Request all the Honorable IMA Members to motivate all the members of local branches to become members of all the IMA Health schemes, IMA KPPS, IMA KSSS to help out doctors at the time of crisis.

World Breast feeding week is celebrated to raise awareness about the physical, mental, and Economic benefits of Breast feeding.

It aims to protect, Promote and support the rights of women to Breast feed, Globally, ensuring. Every baby has the healthiest start in life.

The official theme for world Breast feeding week is: "Breast feeding for a Sustainable start in life: Strengthen what works.

Breast milk provides ideal nutrients and antibodies that boost immunity, preventing malnutrition and life-threatening disease, increasing breast feeding could save hundreds and thousands of children's lives globally every year.

Breast feeding provides vital nutritional, Immunological and Emotional benefits that support infant development and maternal well being.

National Eye Donation.

Fortnight is observed annually in India from August 25th to September 8th in India launched in 1985, this 15-day campaign aims to raise mass awareness about corneal blindness, de bunk common myths and encourage citizens to pledge their eyes to help to restore the vision of others.

Eyes must be retrieved within 4 to 6 hours after death, though some eye banks can utilize tissue up to 8 to 12 hours post-mortem, depending on storage condition.

Key Details for successful Eye Donation.

1. Immediate Action.
2. Preparation steps.
3. The procedure and the Eligibility

Jai Hind

Jai Karnataka

Long Live IMA



President's Desk!

Dr. Veerabhadraiah T.A.



A very warm greetings from the President Desk, IMA KSB.

We have celebrated the National Doctors Day on 1st July at Dr.Basavarajendra Auditorium of BMC alumni association. It was well attended by the doctors and their families. Inaugurated by Hon'ble Medical Education Minister. Dr.Sharana Prakash R Patil, in the presence of Dr.N.T Srinivas, Hon'ble MLA of Kudligi and all the office bearers, invitees, Awardees, members and their families.

17 awardees were felicitated for their achievements and contribution to IMA and healthcare, from various parts of the State.

Hon'ble minister appreciated the activities conducted by IMA and assured of any help from his side.

Dr.N.T Srinivas is the fulltime supporter of IMA and he would be continuing his support in future also.

In my presidential address, I have reiterated to reduce medical college numbers, as we have already crossed WHO norm of 1:1000 population to improve quality of Medical Education, create more opportunities for the budding doctors.

I request all of you to kindly register for IMA-AMS National conference to be held in Hubli on 5th, 6th of September 2026.

IMA Kannada Barahagarara Sammelana on 22nd and 23rd of August and IMA Medicon-2026 in Shivamogga from 23.10.2026 to 25.10.2026 and IMA-CGP conference at Bagalakote on 20.09.2026. Make them grand success.

Request all of you to observe World Breast feeding week from 1st to 7th of August. During this week, kindly educate the mothers about the importance of Breast milk.

Also observe World Mosquito day on 20th August. Educate public regarding diseases transmitted by mosquitoes and mosquito control measures.

Request all of you to increase membership and attract more members for all the schemes of IMA KSB.

Wish you all Happy Independence Day in advance.

Jai Hind!

Jai Karnataka!

Long live IMA!



Secretary's Desk!

Dr. Suriraju V.



Dear IMA Members,

With the grand success of the IMA KSB Doctors' Day celebration, I am happy to say that Doctors' Day was celebrated across Karnataka with great enthusiasm. It was wonderful to see our profession being celebrated with unity, pride, and active participation.

I was privileged to attend the Doctors' Day celebration at IMA Yelahanka as Guest of Honour. Meeting Padma Shri Dr. B.N. Gangadhar, Director of NIMHANS and Chairman of the National Medical Commission, was a memorable experience. Despite reaching the highest positions, he remains so simple and humble.

The cultural programme at Yelahanka was amazing. It proved that doctors are capable of much more than treating patients—we can also dance, perform skits, sing, and entertain! It was wonderful to see doctors and their families enjoying every moment together. Congratulations to Dr. Nalina, Dr. Kiran Nidagundi, and the entire team for organizing such a memorable celebration.

I also attended the Doctors' Day celebration

at IMA Ramanagara–Channapatna as Guest of Honour. Though it is a small branch, its energy is remarkable. I was delighted to see many doctors actively involved in sports. Dr. Malavegowda past vice president imaksb deserves special appreciation for motivating members to take up tennis, cycling, and other fitness activities.

One person I can never forget is Dr. Krishnamurthy, 94 years and still practicing with the same passion and dedication. He truly reminds us that age is just a number when service becomes a way of life.

I request all members to register for MEDICON 92 at Shivamogga. Let us support the hardworking organizing team with maximum registrations. Our participation is our strength, and our unity is our voice.

I also request everyone to participate in the Kannada Vaidyabarahagarara Sammelana at Doddaballapura and make it a grand success.

Finally, let us remember: IMA becomes stronger not because of a few office bearers, but because every member participates. Let us stay united, stay active, and continue serving society with pride.

Jai Hind!

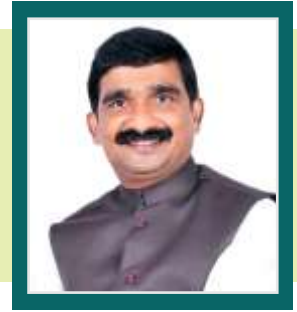
Jai Karnataka!

Long live IMA!



Vice President's Message !

Dr. Annayya Kulal M Ultur



***Dear Esteemed members of IMA
Karnataka State,***

Greetings from IMA-KSB

I am very happy and take this forum to express my heartfelt thanks to each and every one of you for giving me privilege to serve this prestigious organization as Vice-President (2025-26).

During this term in costal belt lots of constructive Developments and programmes were organized to strengthen IMA. Kannada Vaidya Barahagarara

Sammelana at Udupi IMA. Historical IMA New Branch is inaugurated at Moodabidri, President Visited almost all IMA Branches of costal belt. During this term succeed to establish very much co-ordinated relationship within each local Branches. We request all members to register for 7th IMA-KSB Kannada Vaidya Barahagarara Sammelana at Doddaballapura which is schedule on August 22nd and 23rd, 2026 and support it in big numbers. Please encourage younger doctors to become life members to IMA.

Jai Hind!

Jai Karnataka!

Long live IMA!



IMA Wings Conferences Date & Venue

Name of the conference	Date	Venue
IMA-CGP Conference	20-09-2026	SN Medical College, Bagalkot
IMA-KSB Kannada Vaidya Barahagara Sammelana	22nd & 23rd August 2026	Navodaya Vidyalaya Campus, Doddaballapura
IMA-AMS Conference and Teachers's Day	5th & 6th Sept. 2026	KMC & RI Auditorium, Hubli

BRANCH ACTIVITIES

Branch : Athani
President : Dr. Smitha Chougala
Secretary : Dr. Murugesh Awati

We are delighted to share that our Doctors' Day Celebration was organized on 8th July with great enthusiasm, camaraderie, and active participation from our members and their families. The event was a wonderful blend of sports, learning, culture, and heartfelt appreciation, truly reflecting the spirit of the IMA fraternity. The celebrations commenced with a series of sports competitions, including cricket, badminton, table tennis, and quiz contests, where members enthusiastically participated, fostering teamwork, healthy competition, and strengthening professional bonds beyond the workplace. The evening was packed with memorable moments, beginning with the felicitation of our senior doctors in recognition of their invaluable service and lifelong contributions to the medical profession. This was followed by vibrant cultural performances by the talented children of the IMA family and the Ladies Wing, showcasing their creativity and enthusiasm. The event concluded with the distribution of prizes to the winners of the various sports and quiz competitions, celebrating their spirited participation. A delicious dinner brought the celebrations to a perfect close, providing an opportunity for members and their families to interact, reconnect, and strengthen the bonds of the IMA family. We sincerely thank IMA Karnataka State Branch for its constant encouragement and support in inspiring branches to organize such meaningful activities that strengthen our fraternity.

Branch : Bengaluru
President : Dr. Bharath Raju.G
Secretary : Dr. Pradeep Kumar.K.N

NU Hospitals, in association with IMA Bengaluru, was delighted to host a specialized CME Programme on Uro-Nephrology Advancements at The Pride Hotel, Richmond Road, Bengaluru. The evening was dedicated to advancing clinical excellence through expert insights on the latest medical practices in urology, nephrology, and radiology. The highly educational event brought together prominent

medical professionals to share knowledge and discuss critical urological and renal care topics. Senior consultants from NU Hospitals, including Dr. Prasanna Venkatesh M K, MBBS, MS, DNB (Gen-Surgery), DNB (Urology), Fellow (Paediatric Urology), Sr. Consultant Paediatric Urologist, Robotic & Renal Transplant Surgeon & Managing Director, Dr. Maneesh Sinha, MBBS, MS (Gen-Surgery), DNB (Urology), MCh (Urology), Associate Medical Director (NU Hospitals, Mission Road) & Sr Consultant Urologist, Dr. D S Suhas, MBBS, MS (Gen. Surgery), DNB (Urology), Urologist, Dr. Ravi Prakash Deshpande, MBBS, MD (Gen Medicine), DNB (Nephrology), DM (Nephrology), Sr. Consultant Nephrologist, and Dr. Karthik Urala H A, MBBS, DNB (General Medicine), DM Nephrology, SCE (Nephro, UK), Consultant Nephrologist, and Dr. Afshan Ali, MBBS, MD (Radiology), Radiologist, addressed the gathering, delivering comprehensive talks on urology and renal care. The successful evening also highlighted the vital collaboration with IMA Bangalore representatives Dr. Bharath Raju G and Dr. Pradeep Kumar K N, reinforcing NU Hospitals' unwavering commitment to fostering continuous medical education and delivering advanced care to the community. On 21.06.2026 A Public Health Guest Lecture was organized in memory of Smt. Nanjammani and Sri K. Mahadevaiah / Sri Channakeshava Shastri was held. Dr. M. Mohan Kumar, EC Member, and donor for smt. Nanjammani and Sri.K.Mahadevaiah guest lecture also addressed the gathering and high lighted the importance of public health guest lecture. On 04.07.2026 Doctor's Day 2026 – Program The Indian Medical Association (IMA), Bengaluru Branch, organized the Doctor's Day was celebrated at Ravindra Kalakshetra, J.C. Road, Bengaluru. The event was inaugurated by Dr. Sharan Prakash Patil, Minister for Medical Education, Government of Karnataka. Dr. Yathindra Siddaramaiah, Minister for Urban Development, attended as the Chief Guest. Dr. Y.L. Rajashekar and Dr. T.A. Veerabhadraiah were the Guests of Honour. The program was presided over by Dr. Bharath Raju G., President of IMA Bengaluru Branch, and coordinated by Dr. Avinash Parthasarathy, Chairman of the Doctors' Day Committee. The Vote of thanks was delivered by Dr. Pradeep Kumar K.N. Honorary Secretary, IMA Bengaluru Branch. Around

400 participants, including senior IMA Bengaluru Branch members, Ladies Wing members, doctors, and their families, attended the program. The session was highly interactive and well appreciated by all the attendees.

Branch : Belgaum
President : Dr. Hemanth Kaujalagi
Secretary : Dr. Raghavendra D. Sagar

International Yoga Day Celebration On 05.07.2026: As part of its commitment to promoting health and holistic well-being, the IMA Belagavi Branch celebrated International Yoga Day on 5th July 2026 at the Belgaum Club. The event witnessed enthusiastic participation from over 70 IMA members and their family members, making it a vibrant and memorable morning dedicated to health and wellness. The programme featured a guided yoga session conducted by experienced instructors, highlighting the importance of yoga in maintaining physical fitness, mental well-being, and stress management. Members actively participated in various yoga postures and breathing exercises, reaffirming the significance of incorporating yoga into daily life. The celebration fostered a spirit of unity, healthy living, and community participation among doctors and their families. IMA Belagavi Branch remains committed to encouraging lifestyle practices that promote wellness, resilience, and a healthier society.

Doctors' Day Celebration – A Tribute to Distinguished Service On 11.07.2026: The Doctors' Day Celebration, held on 11th July 2026 at the IMA Hall, was a heart-warming occasion dedicated to recognizing the invaluable contributions of senior members who have devoted decades of selfless service to the medical profession. Five eminent doctors—Dr. D.S. Rayannavar, Dr. D.A. Jagdale, Dr. S.C. Bhate, Dr. S.K. Savant, and Dr. Sadashiv B. Kulkarni—were felicitated for their exemplary dedication, professional excellence, and lasting impact on healthcare and the medical fraternity. The ceremony was attended by a large gathering of over 120 IMA members, who applauded the remarkable achievements of these stalwarts and celebrated the noble spirit of the profession.

10th Clinical Meet – Advancing Medical Knowledge On 18.07.2026: Continuing its tradition of academic excellence, the 10th Clinical Meet for the year 2025–26 was held on 18th July 2026 at Mayur Belgaum Presidency Hotel by SSO group of Hospitals attended

by over 130 members. The scientific session brought together medical professionals for an enriching evening of learning, discussion, and exchange of clinical expertise. The meeting reinforced IMA Belagavi's commitment to continuing medical education and evidence-based practice. The programme concluded with fellowship and dinner, providing members an opportunity to strengthen professional relationships in a warm and congenial atmosphere. Through these events, IMA Belagavi Branch once again demonstrated its dedication to recognizing the achievements of senior physicians, promoting lifelong learning, and strengthening the bonds of fellowship among doctors. Such initiatives continue to uphold the ideals of the medical profession while inspiring the next generation of healthcare professionals.

Branch : Bidar
President : Dr. Vijayakumar Kote
Secretary : Dr. Santhosh Regintal

On 13.06.2026 & 17.06.2026 CME Programme were conducted. In association with Rainbow children Hospital Hyderabad and Yoshada Hospital, Hyderabad respectively. Topic: (1) The Growing brain, The growing field: The spectrum of Paediatric Neurosurgery, (2) Septic shock in children: Recent advances, (3) Paediatric surgical red flags in your OPD. (4) Thrombocytopenia in clinics and ICU: How do I approach and treat and (5). Ten mistakes a clinician should avoid while approaching a patient of renal impairment. We also Celebrated Doctors' day on 1st July with Garlanding Dr.B.C. Roys Photo, IMA Prayer and Distribution of Prizes to the winners of various sports. We conducted many sports for IMA Members as part of Doctors day celebration. Prizes were distributed by our Chief guest Mr Mukul Jain, commissioner of City Municipal Corporation. We also felicitated a few senior doctors of the district for their immense contribution to the health of people of Bidar.

Branch : Challakere
President : Dr. Nataraj T.M.
Secretary : Dr. Arunkumar K.

On 19.07.2026: IMA Challakere Branch, in collaboration with the Dental and Ayush fraternity of Challakere Taluk, was Celebrated Doctors' Day with

great enthusiasm and professional pride at Clarity Ventures, Challakere. The event brought doctors and their families together. The programme commenced with the traditional IMA Prayer, followed by the IMA Flag Salutation. The celebration was graced by distinguished guests, including Dr. Janthakal Sharanappa, Ex Vice President, IMA Karnataka State Branch, and Dr. Chandrakanth Nagasamudra, District Ayush Officer. In their addresses, the dignitaries appreciated the dedicated service rendered by doctors and emphasized the importance of unity, compassion, ethics, and continued service to the community. IMA challakere proudly announces its official you tube channel. The channel was inaugurated by Dr. Janthakal Sharanappa, founder of IMA challakere. The channel aims to connect with the community by sharing health awareness programs, CME sessions, medical updates and highlights of IMA challakere activities. On behalf of IMA Challakere, the President Dr. T. M. Nataraja welcomed the gathering and highlighted the significance of Doctors' Day as an occasion to honour the tireless efforts of medical professionals. The Secretary Dr. Arunkumar K expressed gratitude to all members, organizing committee members and highlighted the secretary report. A special highlight of the evening was the felicitation of senior doctors and distinguished members for their valuable contribution to the medical profession and to the community. The cultural segment added warmth and joy to the celebration. Doctors, spouses, and children participated enthusiastically in music, dance, and entertainment programmes. The performances created a lively atmosphere and strengthened the bond among members of the medical fraternity and their families. The Doctors' Day celebration concluded on a cheerful note with fellowship and dinner. On 05.07.2026, Sports day was celebrated at warriors school, Challakere and various sports activities were conducted for all the doctors and their family members. The Celebration was a fitting tribute to Dr. BC Roy, whose legendary contributions continue to guide and inspire the medical community.

Branch : Chikkaballapura
President : Dr. Siddlingappa G.
Secretary : Dr. Mohan Babu K.N.

On 19.07.2026 Doctors' Day was Celebrated at Happy Retreats KAI, near Agalagurki, Chikkaballapur.

Had Invited Dr. S. M. Prasad Paediatrician from Akash Medical College as a Chief guest. He had explained about the present condition of our Medical education and what are all the challenges needs to be done for feature education. Dr. Ramesh P. V. received VAIDYA CHETHANA award for the year 2026 for his excellent work on medical field. Various cultural activities were performed by children's. On 19.07.2026 conducted a Sports day at K. V Campus ground. Various sports activities were kept based on the age group for all the ages, like 100 meters running race, shotput, long jump, ball in the basket, ball in the bucket, musical chair, carrom, chess, sac race etc were kept. Many doctors participated in the sports and won many prizes. It was a fun filled day. On 10.07.2026 IMA Chikkaballapur under the leadership of President Dr. Siddalingappa, Secretary Dr. Mohan Babu K N, Treasurer Dr. Shridhar had done Excavation pooja for IMA Chikkaballapur building. Dr. Venkatachalapathy, Dr. Anitha pathy, Dr. Vijaya Srinivasan and contractor Mr. Manjunath were present.

Branch : Coorg
President : Dr. Sham Appanna
Secretary : Dr. Prashanth.C.R.

CME programme on 16.07.2026, IMA Madikeri: Aster CMI Hospital, Bangalore, in association with IMA Madikeri, successfully hosted an insightful and engaging scientific session at Cherry loft Resort, Suntikoppa, Coorg. The event brought together medical professionals and key opinion leaders to discuss critical advancements in oncology, pulmonology, and thoracic surgery. Key Session Highlight: Dr. M S Belliappa (HOD and Lead Consultant – Radiation Oncology) presented enlightening session on the "Recent Advances in Radiation Oncology". Dr. Sunil Kumar K (Lead Consultant – Interventional Pulmonology) elegantly broke down the complex medical aspects of lung transplantation. Dr. Sriram Vijayapuri (Consultant – Cardiovascular & Thoracic Surgery) – Surgical Aspects of Lung Transplantation. Event Leadership & Acknowledgments. Dr. Shyam Appanna (President, IMA Madikeri) and Dr. Prashanth (Secretary, IMA Madikeri). Kargil Vijay Diwas Commemoration & Felicitation: On Sunday, July 26, 2026, the Indian Medical Association (IMA), Kodagu District Branch, was felicitated by the Kodagu Journalists Association (R) and Rotary Misty Hills at

Gowda Samaja Hall, Madikeri, during the 27th Kargil Vijay Diwas observance. Highlights of the Event: Honor & Remembrance: The event was organized to mark the 27th Kargil Vijay Diwas, paying rich tributes to the brave soldiers of the Indian Armed Forces. Recognition of Support: The Indian Medical Association (IMA), Kodagu District Branch was formally felicitated with a special Certificate of Appreciation by the organizers for its valuable support and contributions toward the event. Community Service Focus: The organizers expressed gratitude for IMA's active partnership and encouraged continued collaboration in social service initiatives to build a stronger and healthier society. Key Signatories & Organizers: President, Kodagu Journalists Association (R), President, Rotary Misty Hills, Madikeri, Honorary Secretary, Rotary Misty Hills, Madikeri, Chief Secretary, Kodagu Journalists Association (R) "Saluting our brave soldiers and reaffirming our commitment to community welfare and service". Special Acknowledgment & Thanks. We express our deep gratitude to: Hon'ble MLA Dr. Mantar Gowda for his gracious presence and support. Hon. Secretary of IMA Madikeri Dr. Prashanth. IMA members who were present on stage. The Apollo Advanced Surgical Symposium, presented by Apollo BGS Hospitals, Mysuru in association with IMA Madikeri, was successfully held on June 24, 2026, at the Cherry loft Luxury Resort Coorg, Madikeri. The evening brought together leading medical professionals to discuss cutting-edge advancements in robotic and minimally invasive surgical technologies. The symposium featured a comprehensive lineup of scientific sessions delivered by distinguished consultants: Breaking Gender & Disease Barriers (ROBOTIC Hysterectomy): Dr. Rashmi M. D. (Consultant Obstetrics & Robotic Gynaecology Surgeon) discussed better clinical results and reduced morbidity using robotic interventions. Orthopedics beyond the Ordinary: Dr. Shreyas Alva (Consultant Pediatric Orthopedic & Robotic Joint Replacement Surgery) shared insights into pediatric orthopedics and Robotic Total Knee Replacement (TKR). Power of Innovative Thinking (MICS): Dr. Yousuf Mohammed Rafi (Consultant Cardiothoracic & Vascular Surgeon) highlighted Minimally Invasive Cardiac Surgery (MICS) as "a small window to the heart". Understanding the Hype behind the Robot: Dr. Nairuthya S. (Chief Consultant Gastrointestinal Surgery, HPB & Robotic Surgery) provided a technical

analysis of the compelling advantages of robotic abdominal surgery. Inside the Skull (Stereotactic Surgery): Dr. Bopaiah (Consultant Neurosurgeon) demonstrated the precision of stereotactic surgery, describing it as a "GPS for the brain". Polytrauma Care: Dr. Satish H. V. (Senior Consultant Plastic Surgeon) presented an incredible polytrauma journey detailing a patient's transition from near-death to full recovery. Advanced Urological Procedures: Dr. Kiran Kumar Shetty (Consultant Urologist, Andrologist, and Kidney Transplant & Robotic Surgeon) concluded the technical presentations by detailing two challenging procedures: Double Renal Transplant and Robotic Partial Nephrectomy. The academic sessions commenced at 7:30 PM and were followed by an interactive dinner, providing an excellent opportunity for local clinicians to network and discuss the future of robotic healthcare integration in the region.

Branch	: Gadag
President	: Dr. Shridhar Kuradagi
Secretary	: Dr. Rahul Shirol

Anti-Drug Awareness Rally on 22.06.2026: As part of the observance of International Day Against Drug Abuse, Indian Medical Association (IMA)Gadag, alongwith various organizations and community groups, organized an Anti-Drug Awareness Rally. The rally aimed to create awareness about the harmful effects of drug abuse and to encourage a drug-free and healthy society. Participants carried placards and slogans promoting awareness, prevention and the importance of staying away from addictive substances. Members of IMA, representatives from different organizations, students and members of the public actively participated in the rally. CME on Hypertension in pregnancy : On 24.06.2026. CME was conducted. In association with IMA ladies branch and GOGS association. Dr Priyadarshini Meti and Dr Salma Maldar spoke on the recent advances in management.

IMA Gadag branch and ladies wing Gadag branch conducted HPV vaccination awareness and awareness talk on adolescent health by Dr Sneha Yenagi, Dr Triveni Jambale, Dr Shruti Patil and Dr Sunitha Kuradagi at KLE school for high school students on 01.07.2026. Doctors day celebration was conducted on 01.07.2026 at GIMS Gadag. Doctors day was celebrated at KHPIMS Gadag on 1st July, 2026. Shri Rohan Jagadeesh, IPS, SP Gadag was the chief guest.

Doctors who turned 60 and children of IMA doctors were felicitated for their achievements which was followed by family dinner. On 02.07.2026 HPV vaccine awareness and adolescent health program was conducted at Jaycee English school by Dr Annapurna, Dr Sneha and Dr Rajeshwari. On 03.07.2026 IMA Gadag branch conducted CME on PCOS in association with GOGS. Dr Md Anwar, Endocrinologist from CMC Vellore, spoke on the approach to a patient with PCOS. IMA Gadag branch with ladies branch conducted HPV vaccine and adolescent health education programme in KVS School Gadag on 4/7/26 by Dr Prajakta Alur, Dr Chaitra T and Dr Sumangala. On 05.07.2026 CME on diabetes and endocrinology in association with CSI hospital at Hotel clarks inn Gadag. On 08.07.2026 BLS talk with demo and hands on for 250 paramedical students at Basaveshwara paramedical college on occasion of international paramedical day. Dr Sapana Joshi conducted a hands on work shop of the students. On 09.07.2026 HPV vaccine awareness, obesity and adolescent health awareness programme at VDST school, Morarji school and KVS School by Dr Soubhagya, Dr Sushmitha addressed 163 students and 5 teachers. On 11.07.2026 IMA Gadag branch with ladies branch conducted HPV vaccine and adolescent health education programme in Cambridge English Medium school Gadag. It was conducted by Dr Soniya Karur, Dr Shilpa GR and Dr Lavanya Abbigeri for 80 students and 8 teachers. On 10.07.2026 IMA Gadag conducted CME on thyroid disorders and spine surgeries. On 10.07.2026 - By Dr Sandeep Donagaon and Dr Kranti Kiran. Dr Sandeep Donagaon helped us understand the topic of 'Suppressed TSH - treat the patient, not the number' and Dr Kranti Kiran, chief neurosurgeon from Balaji hospital, Hubli, enlightened us on the advanced management protocol for spine disorders. Our senior doctor, Dr N B Patil sir, who was recently awarded the VAIDYA CHETANA award by IMAKSB on doctors day was also felicitated on this occasion. On 10.07.2026 IMA Gadag conducted tennis tournament on the occasion of IMA sports. On 11.07.2026 IMA Gadag conducted TT, carom tournament on the occasion of IMA sports. On 12.07.2026 IMA Gadag conducted badminton tournament on the occasion of IMA sports. On 19.07.2026 IMA Gadag conducted outdoor sports like athletics, dodgeball, throw ball and tug of war for kids, adults and senior doctors on the occasion of IMA sports. Followed by prize distribution.

Branch : Gangavathi
President : Dr. Mallanagouda Police Patil
Secretary : Dr. Nagaraj Lokre

28.06.2027 IMA Gangavathi in association with SDH Gangavathi Conducted Polio Awareness in Gangavathi, educated public about importance of Polio Vaccination. On 01.07.2026 On the Occasion of *Doctor's Day and Karnataka Press Day,* IMA Gangavathi, Lions Club Gangavathi in association other organisation planted trees and *distributed around 300 samplings of 13 different varieties* to public for free of cost. Program was attended by senior IMA members Dr G Chandrappa, Dr A Somaraju and office bearers of IMA Gangavathi, Lions club, Press Club, Gangavathi charanabalaga, Kishkindacharanabalaga, parisara seva trust and other members. On 04 & 05. 07.2026: On the Occasion of *Doctors Day* IMA Gangavathi organised sports (Badminton, Carrom, Table tennis games) for IMA Family Members. Event was arranged for 2 days. Members participated actively and it was refreshing event. 11 & 12. 07.2026 On the Occasion of *National Doctors Day* IMA Gangavathi organised tour to *Dandeli*. 50 Members came for tour, it was wonderful and memorable journey where doctors shown their talent, singing, dancing and playing games, trekking and activities. Two groups were made *(Team Pulse and Team Rhythm)* for the games. Both teams gave tough competitions in such way that no one slept in the bus during travel. It was relaxing days in between chaotic practice. On 19.07.2026 Successfully Conducted Doctors Day Cricket Tournament in Kishkindha Turf on 19th July 2026. More than 50 members participated in nail biting match. Team A won the match by 6 Run and. Team D was runner up. Man of the match Dr Medha Mallangouda. On 19.07.2026 On the occasion of National Doctors Day IMA Gangavathi organised a cultural event on 19th July 2026. Participated by 150+ IMA members and their family members. Evening was filled joy happiness included Bharatnatyam, solo dance, couple dance, Dr Charlie Chaplin skit, Viva skit, group dance, games for seniors and prize distribution for winners for sports and games conducted during IMA doctors day trip. More than 100 members were present till the late night. Had good refreshing time. IMA Gangavathi awarded Dr Sharanappa Chakoti sir with Doctors Day Award - 2026 for his excellent contribution in the field of medicine and community

health care. IMA Gangavathi felicitated Dr Ishwar S Savadi for his new position as District Health Officer of Koppal District and his excellent contribution in the field of community health care.

Branch : Gokak
President : Dr.Vishwanath S.Sindholimath
Secretary : Dr.Umesh S.Nippani

1. ದತ್ತಿ ಉಪನ್ಯಾಸ - 22 ಜೂನ್ 2026: ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ, ಕನ್ನಡ ವೈದ್ಯ ಬರಹಗಾರರ ಸಮಿತಿ ಹಾಗೂ ಭಾವೈಸಂ, ಗೋಕಾಕ್ ಮತ್ತು ಧಾರವಾಡ ಶಾಖೆಗಳ ಸಂಯುಕ್ತ ಆಶ್ರಯದಲ್ಲಿ **ಪಂಡಿತ ಶ್ರೀ ಬಸವರಾಜ ಶಾಸ್ತ್ರಿ ಕೊಡಿಕೊಪ್ಪಮಠ** ಅವರ ಸ್ಮರಣಾರ್ಥ ದತ್ತಿ ಉಪನ್ಯಾಸ ಕಾರ್ಯಕ್ರಮವನ್ನು ಆಯೋಜಿಸಲಾಯಿತು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಖ್ಯಾತ ವಾಗ್ಮಿ **ಡಾ. ಸಂಜೀವ್ ಕುಲಕರ್ಣಿ** ಅವರು **ಜೀವ ಜಗತ್ತಿನಲ್ಲಿ ಸಂತಾನೋತ್ಪತ್ತಿಯ ವಿಚಿತ್ರಗಳು** ಎಂಬ ವಿಷಯದ ಕುರಿತು ಉಪನ್ಯಾಸ ನೀಡಿ, ಜೀವಿಗಳ ಸಂತಾನೋತ್ಪತ್ತಿಯ ವೈವಿಧ್ಯಮಯ ಹಾಗೂ ಆಶ್ಚರ್ಯಕರ ಅಂಶಗಳನ್ನು ವೈಜ್ಞಾನಿಕವಾಗಿ ಮತ್ತು ಮನಮುಟ್ಟುವ ರೀತಿಯಲ್ಲಿ ವಿವರಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ **ಐಎಂಎ ಗೋಕಾಕ್ ಶಾಖೆಯ ಅಧ್ಯಕ್ಷರಾದ ಡಾ. ವಿಶ್ವನಾಥ್ ವಿ. ಶಿಂಧೋಳಿಮಠ** ಹಾಗೂ **ಕನ್ನಡ ವೈದ್ಯ ಬರಹಗಾರರ ಸಮಿತಿಯ ಸದಸ್ಯರು ಮತ್ತು ದತ್ತಿದಾನಿಗಳಾದ ಡಾ. ಜ್ಯೋತಿ ಘೋಂಗಡಮಠ** ಉಪಸ್ಥಿತರಿದ್ದರು. ವೈದ್ಯರು, ಸಾಹಿತ್ಯಾಸಕ್ತರು ಹಾಗೂ ಸಾರ್ವಜನಿಕರು ಹೆಚ್ಚಿನ ಸಂಖ್ಯೆಯಲ್ಲಿ ಭಾಗವಹಿಸಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ಯಶಸ್ವಿಗೊಳಿಸಿದರು.

2. International Yoga Day - 21 June 2026: IMA Gokak celebrated . International Yoga Day on 21 June 2026: at the IMA Hall with enthusiastic participation from members and their families. The programme emphasised the importance of yoga in promoting physical fitness, mental well-being, and a healthy lifestyle. 3. National Doctors' Day Health Walk - 1 July 2026: On 1 July 2026 IMA Gokak celebrated National Doctors' Day by organising a 5 km Health Walk for doctors and their family members, promoting fitness, healthy living, and camaraderie among the medical fraternity. 4. Monthly Academic Meeting - 1 July 2026: The monthly meeting, held on 1 July 2026, featured an academic session on "Anaesthetist's Perspective - Optimising Perioperative Patient Safety" by Dr. Imran Dhandargi, Dr. Amit Amble, and Dr. Praveen Mudalagi. The session focused on recent advances and best practices in perioperative patient safety and multidisciplinary teamwork. The meeting also included a solemn tribute to departed colleagues in remembrance of their invaluable contributions to the medical profession. 5. Felicitation of Senior Doctors - 1 July 2026 As part of the National Doctors' Day celebrations, IMA Gokak honoured its senior members for their lifelong dedication and exemplary service to society and the

medical profession. The felicitation ceremony recognised their invaluable contributions to patient care, ethical medical practice, and the growth of the medical fraternity, inspiring younger doctors to uphold the noble values of the profession. 6. Biomedical Waste Management Representation - 15 July 2026. On 15 July 2026, IMA Gokak, along with the IMA branches of Chikkodi, Athani, Nippani, Hukkeri, and Sankeshwar, submitted a memorandum to the Hon'ble Minister Shri Satish Jarkiholi and the Deputy Commissioner, Belagavi, highlighting the inadequate services of Biomedical Waste Management Facilities. The delegation sought immediate intervention to ensure timely biomedical waste collection, improve service quality, and safeguard healthcare institutions and public health across the region. These initiatives reflect IMA Gokak's continued commitment to academic excellence, community in service, professional unity, and safeguarding the interests of the medical fraternity.

Branch : Hangal
President : Dr.N.R.Deshpande
Secretary : Dr.S.M.Hunasikatti

On 08.07.2026 Conducted a free health check up camp for the public. on the eve of DOCTORS' DAY, in which general check up, blood sugar levels, blood pressure etc were examined. Patients were advised about the importance of regular examination of health and follow ups, exercises, diet and proper and strict uses of medicines. Nearly 70 patients attended. The camp was conducted in Sri Venkateswara temple Hangal. President Dr. N. R. Deshpande, secretary Dr. S M Hunashikatti, Dr I Y Malode Dr Naveen Kabbur were participated.

Branch : Harapanahalli
President : Dr.K.M.N.Khan
Secretary : Dr. Harsha.G.V.

IMA Harapanahalli, in association with Mahesh Public School, celebrated the 11th International Yoga Day on 21st June with great enthusiasm and active participation from students, teachers, doctors, and community members. The event aimed to promote the importance of yoga in maintaining physical health, mental well-being, and a balanced lifestyle. The programme was graced by Dr. K. M. N. Khan, President of IMA Harapanahalli, Dr. Jayashree G. Patil, Vice

President of IMA Harapanahalli, and Dr. Raghu Adhikar, Former President of IMA Harapanahalli and Chairman of Mahesh Public School, along with other office bearers and members of IMA Harapanahalli. The dignitaries highlighted the significance of yoga as an ancient Indian practice that enhances flexibility, concentration, emotional stability, and overall health. They encouraged students to incorporate yoga and meditation into their daily routine to lead a healthy and disciplined life. Students and staff actively participated in a yoga demonstration session, performing various asanas and breathing exercises under expert guidance. The programme created awareness about the role of yoga in preventing lifestyle-related diseases and reducing stress. The celebration reflected IMA Harapanahalli's commitment towards community health promotion, preventive healthcare, and fostering healthy habits among the younger generation.

Branch : Hosapete
President : Dr. B Manjunath
Secretary : Dr. Arjun

On 05-6-2026 Vijayanagara obstetrician and gynaecological society in association with IMA ladies wing celebrated world environment day by planting sapling around IMA hall. On 07.06.2026 Karnataka chapter of association of surgeons of India, Vijayanagara. In Association with IMA Hosapete conducted free Diagnostic upper Glendoscopy in Citi Hospital. 19 patients underwent the procedure Dr. Naaz President KSCASI, Dr. Prashanth & Dr. Ravi Kumar medical gastroenterologist, Dr. Rekha Surgeon, Dr. Veeresh, participated in the camp. On 21-06-2026 International Yoga day held in IMA hall. On 27-06-2026 IMA Hosapete participated in the rally organized by Vijayanagara Dist health and family welfare to create aware about Polio Vaccination.

Branch : Jamkhandi
President : Dr. H.G. Daddi
Secretary : Dr. Biradar

On 28.06.2026 Health checkup camp for IMA Members (including Blood Test, ECG and Echo). On 01.07.2026 Doctors' Day was celebrated. Local Tahsildar and Circle Inspector of Police were guests. Three senior doctors were felicitated. Jatha was held and Blood Donation by IMA Members. On 24.07.2026 CME programme was conducted by Doctors from KIMS, UAIMS Hospital, Sangli.

Branch : Kadur-Birur
President : Dr. Chayapathy
Secretary : Dr. Pradeep

On 07.07.2026 CME program was Conducted . Topic: "Recent Trends in the management of Dylipidimia" by Dr Aniketh V Balegadde Cardiologist Ashraya Hospital Chikmagalore, About 40 plus gathering.

Branch : Kolar
President : Dr. M. Narayana Swamy
Secretary : Dr. N.C. Devaraj

A CME was organised on 23-06-2026 by IMA KOLAR branch in association with Sparsh hospital yelahanka, Bangalore. Dr. Devaraj N C, Secretary welcomed the audience. Dr. Hemavathy president Kolar IMA women's wing and Dr. Shasikalaseni gynaecologist introduced the speakers. Dr. Anil Ramakrishna senior nephrologist Sparsh hospital yelahanka, Bangalore made a presentation on Current guidelines in the management of stroke. It was very useful information for all the practicing doctors. Dr. Akshaykumar Sing senior consultant of cardiothoracic and vascular surgery Sparsh hospital yelahanka, Bangalore spoke on minimally invasive cardiac surgery. He updated the recent advances in minimally invasive cardiac surgeries. He showed very useful videos on minimally invasive cardiac surgeries. Dr. Girish NS lead consultant - Nephrology and Renal transplant Sparsh hospital yelahanka, Bangalore made an updated presentation on various indications and protocols for Renal transplant. Forty doctors participated in the CME. There was a very good interaction between the participants and the speakers. Dr. M. Narayana Swamy President and Dr. Devaraj N C secretary felicitated all the speakers. Dr. M. Narayana Swamy President IMA thanked all the speakers, doctors and the sponsors. The CME was followed by dinner.

Branch : Koppa
President : Dr. Sathish Shanbag
Secretary : Dr. Udayashankar. H.G.

On 24.07.2026 DOCTORS DAY was celebrated at DOCTORS COMMUNITY HALL Koppa. Dr. M Venkatachalapathy, Past President IMA KSB, National Chairman IMA AMS, was the Chief guest. He addressed the gathering and highlighted the salient features of

IMA AMS. Senior doctor DR B K Bhagavan, Maxillofacial surgeon was honoured on this occasion. The program was followed by Entertainment and dinner.

Branch : Kumta
President : Dr. Sumalatha
Secretary : Dr. Santoshi Naik

On 05.07.2026 Doctors' Day was Celebrated. at the Blood Bank Hall, Kumta, with enthusiastic participation from members and their families. The program began with the ceremonial lamp lighting, followed by a tribute to Bidhan Chandra Roy. The evening featured cultural performances by doctors and their family members, including singing, dance, children's performances, and fun-filled entertainment, fostering fellowship and bonding among members. The celebration concluded with dinner and was greatly appreciated by all participants. The event was a grand success, reflecting the spirit of unity and camaraderie within the medical fraternity.

Branch : Kundapur
President : Dr. Shashidhar
Secretary : Dr. Ashok Achar

On 01.07.2026 Doctors Day was celebrated at Sri Krishna Hall, Hotel Sahana Koteswara. Dr Gangadhar Somayaji Professor of ENT and Vice Chancellor of Yenapoya University was invited As chief guest. Function started with Invocation and IMA Prayer. Dr Shashidhar President of IMA Kundapur welcomed guests. Dr Prakash Tholar spoke about the significance of Doctors day and about Achievements of Dr BC Roy. We honoured Dr Sridevi Katte and Dr Udayshankar Two of our senior doctors for their dedicated service in the field of Medicine. Chief guest Dr Gangadhar somayaji gave an inspiring speech to the gathering. He stressed upon the importance of clinical skills in treating patient in this era . Dr KS Karanth, Central committee member spoke about the dedication of all doctors in building a healthy society. Dr Umesh puthran guided the function as Master of ceremony. Function was attended by a large number of IMA Members and their family. Secretary Dr Ashok proposed the vote of thanks.

Branch : Mandya
President : Dr. T.N. Marigowda
Secretary : Dr. M. Vinay

On 23.06.2026 IMA Mandya Branch arranged CME program at Amaravathi Hotel regarding case-based

approach in Rheumatology by Dr Shivaprasad BN senior consultant rheumatologist JSS hospital Mysuru. It was very informative and detailed discussion was done. About 45 doctors attended the CME. It was followed by dinner. On 23.06.2026 IMA Mandya Branch president Dr Marigowda attended DC meeting regarding Pulse Polio Program. Pulse Polio Program happened on 28th at booth level and house to house on 29, 30, 01 for zero to five year olds. IMA Mandya Branch did food distribution to the Pulse Polio Program volunteers and health workers. On 25.06.2026 IMA Mandya Branch president Dr Marigowda attended inaugural function & health checkup camp and World Anti Tobacco camp to Mandya municipality employees. About 60 persons attended the program. Health check up and health education regarding hazards of tobacco use was done. DHO Dr Mohan and Dr Bettaswamy attended and gave speech. On 28.06.2026 IMA Mandya Branch president, secretary, manini president, manini secretary, office bearers and members of IMA attended and participated in the Pulse Polio Program. On 19.07.2026 IMA Mandya Branch conducted Doctors day celebrations at IMA Bhavan Mandya. Dr Shekar senior diabetologist inaugurated the program. Dr Narasimhaswamy director MIMS Mandya & Dr VL Nandish, senior surgeon were the chief guests. Dr Mohan K DHO Mysuru and Dr Bettaswamy, DHO Mandya were the special invitees. Vaidya Chethana Awards 2026 were given to Dr BN Prabhavathi (OBG), Dr Uttam Chand (cardiologist) Dr HC Narayan and Dr Srinivas (Ophthalmology). About 150 doctors attended the program. Dr Jagadish Kumar (pediatrician) Dr Krishnappa (ENT) Dr Siddegowda, Dr GK Guptha, Dr Kakkilaya and others were present and gave speeches. Cultural programs and games were held. It was followed by dinner.

Branch : Lingasugur
President : Dr. Vijayakumar.H
Secretary : Dr. Sajjan Sharanabasavaraj

11.07.2026 Doctors' Day was celebrated.

Branch : Mangaluru
President : Dr. Sadananda Poojari
Secretary : Dr. Prakash Harishchandra

CME programme on 16.07.2026, IMA Madikeri: Aster CMI Hospital, Bangalore, in association with IMA Madikeri, successfully hosted an insightful and

engaging scientific session on Thursday, July 16, 2026, at Cherry loft Resort, Suntikoppa, Coorg. The event brought together medical professionals and key opinion leaders to discuss critical advancements in oncology, pulmonology, and thoracic surgery. Key Session Highlight: Dr. M S Belliappa (HOD and Lead Consultant – Radiation Oncology) presented enlightening session on the "Recent Advances in Radiation Oncology". Dr. Sunil Kumar K (Lead Consultant – Interventional Pulmonology) elegantly broke down the complex medical aspects of lung transplantation. Dr. Sriram Vijayapuri (Consultant – Cardiovascular & Thoracic Surgery) – Surgical Aspects of Lung Transplantation. Event Leadership & Acknowledgments. Dr. Shyam Appanna (President, IMA Madikeri) and Dr. Prashanth (Secretary, IMA Madikeri)

Branch : Nelamangala
President : Dr. M. Jayaprasad
Secretary : Dr. S. Rajendra Prasad

On 10.06.2026 & 27.06.2026 CME programme was conducted. Topic: "Gift Deed as Tax Saver" by Dr. Saqlain N.M, Consultant, Physician, Mamata Clinic, Nelamangala Mr. Halappanavar, Chartered Accountant, (2). "Cardiac Pacemaker – What is New" by Dr. Prasanna Y. Katti, Sr. Consultant, Interventional Cardiology, Manipal Hospital, Yeswanthapur, Bangalore and Dr. Yogeesh P.M. Consultant Neurology, Manipal Hospital, Yeswanthapur, Bangalore.

Branch : Puttur
President : Dr. U. Sripathi Rao
Secretary : Dr. Sachin Shankar Harekere

IMA Puttur Hosts 6 CME programme were conducted. and Official Visit of IMA Karnataka State President. The Indian Medical Association (IMA), Puttur Branch successfully organized CME-6 followed by the Official Visit of the IMA Karnataka State President and the General Body Meeting on 12th July 2026 at the Pragathi Nursing College Auditorium, Puttur. The CME lecture on "Basics of Myelopathy" was delivered by Dr. Sri Hari Rao, providing valuable insights into the diagnosis and management of myelopathy. The session concluded with the felicitation of the speaker. The afternoon session marked the official visit of the IMA Karnataka State President, Dr. Veerabhadraiah. The programme began with an invocation by Dr. Smitha S. Rao, followed by the IMA Prayer and Flag Salutation led by Dr. S. M. Prasad. Dr. U. Sripathi Rao, President, IMA Puttur Branch,

delivered the welcome address. Dr. Sachin Shankar Harakare, Hon. Secretary, presented the Secretary's Report and highlighted the branch's activities during 2025–26. The traditional IMA Jyothi was ceremoniously lit, symbolizing the spirit of service and unity. The gathering was addressed by Dr. Veerabhadraiah, IMA Karnataka State President; Dr. Harish Delanthabettu, IMA State President-Elect (2026–27); and Dr. Shivanand, who appreciated the achievements of IMA Puttur and shared their vision for strengthening the association. The state office bearers interacted with the members, reviewed the branch's activities, and offered valuable guidance for future initiatives. Delegates were felicitated in recognition of their dedicated service to the association. An open house panel discussion provided members with an opportunity to share their views and suggestions for the growth of IMA. The programme concluded with a Vote of Thanks by Dr. Ashok G K, treasurer, IMA Puttur followed by the Shanthi Manthra and the National Anthem. The event witnessed enthusiastic participation from IMA members and served as a platform for academic enrichment, organizational review, and strengthening professional camaraderie among the medical fraternity. IMA Puttur, in coordination with Pragathi Speciality Hospital, Rotary Mammography Unit – Pragathi, Rotary Club Vitla, and Town Panchayath, Vitla, successfully organized a Free Health Check-up and Mammography Screening Camp on 11 June 2026 at Vitla. The programme was inaugurated by Dr. U. Sripathi Rao, Chairman, Pragathi Group of Institutions and President, IMA Puttur. The function was presided over by Shri Karunakara Naitottu, President, Town Panchayath, Vitla. The dignitaries present included Shri Karunakara K. V., Chief Officer (COO), Town Panchayath, Vitla, Smt. Sangeetha Panemajalu, Vice-President, Town Panchayath, Vitla, Shri Ashok Kumar Shetty, Chairman, Standing Committee, and Rotarian Captain Dasappa Poojary, President, Rotary Club Vitla. The camp aimed to promote preventive healthcare and early detection of breast cancer among the rural population. Free medical consultations, general health screening, breast cancer awareness, and mammography screening services were provided. Women requiring further evaluation were referred to the Pragathi–Rotary Mammography Unit for mammography and appropriate follow-up. The camp received an encouraging response from the public, with many beneficiaries availing themselves of the free healthcare services. The programme emphasized the importance of regular health check-ups, early diagnosis, and timely treatment while creating awareness about breast

cancer and other common health conditions. The successful organization of the camp reflected the strong collaboration between IMA Puttur, Pragathi Speciality Hospital, Rotary Mammography Unit – Pragathi, Rotary Club Vitla, and Town Panchayath, Vitla, reaffirming their commitment to community service, preventive healthcare, and improving access to quality healthcare for the community.

Branch : Raichur
President : Dr. ShriShailesh S. Amarkhed
Secretary : Dr. Sushrit A. Neelopant

Yashoda Hospitals, Hyderabad, in association with the Indian Medical Association, Raichur, organized a Medical Excellence in Oncology program on June 20, 2026. Experts discussed MR-Linac radiation oncology and haematology for non-haematologists. IMA Raichur conducted health education sessions at Kakateeya School, Raichur, on July 03, 2026. Dr. ShriShailesh S. Amarkhed, President IMA addressed boys on sexual and reproductive health, while Dr. Sreelatha, President, WDW spoke to girls. Dr. Sushrit A. Neelopant, Secretary discussed suicide prevention and drug addiction.

Branch : Shimoga
President : Dr. K R Ravish
Secretary : Dr. K S Shubrata

On 21.06.2026- IMA Shivamogga talk in Bhadravathi Akashavani by Dr Sahana on the topic of Vitiligo. On 21/6/26- International Yoga day 2026 celebration. Yoga trainer Mrs Aruna Prakash & Dr Anusha gave talks and made the members do various asanas & meditation. On 22.06.2026 IMA Shivamogga Youtube video by Dr Sathish MR on the topic of 'Bleeding during Childbirth' On 21.06.2026 IMA Shivamogga Photography Club Program- Dr Shekhar Gowler was the resource person. On 23.06.2026- Lecture & Interactive session by Dr Rajath R on "Artificial Intelligence" at Mythreyi College & School of Nursing 25/6/26- IMA Shivamogga Health articles' column in Shimoga Times newspaper- Article by Dr Shashikala N on the topic of "Dysmenorrhea". On 26.06.2026- Program on International Day against Drug Abuse & Illicit Trafficking 2026- Skit about awareness about Drug Abuse by Mythri college of Nursing & Awareness talk by Dr K R Sridhar at Sridhar Nursing Home. On 26.06.2026- Program on Digital Health at SUIMS, Shivamogga, Resource person was Dr Preethi Galgali. On 27.06.2026 – CME in association with Sun Bone & Spine Specialty Hospital. Dr Akash

Hosthota spoke on "Beyond Back Pain: For Stability, Strength & Movement", Dr Abhishek M B spoke on "Knee Arthritis; An approach to protect & preserve Joint & Dr Abhilash spoke on "Venous Intervention in Vascular Surgery". On 28.06.2026 IMA Shivamogga talk in Bhadravathi Akashavani by Dr Karthik on the topic of International Day against Drug Abuse & Illicit Trafficking. On 29.01.2026- IMA Shivamogga Youtube video by Dr Vishalaxi Moogi on the topic of "Post Hysterectomy Care". On 30.06.2026- IMA Shivamogga School Mental Health program – Talk by Dr K S Shubrata on the topic of 'Staying Focused' at Sri Ramakrishna Vidya Samsthe. On 01.07.2026- Doctors' day celebration at IMA Shivamogga. The Chief Guest, Prof. Dr. C. N. Srinivas, Group Technical Advisor, Uniscans Lab and Chief Advisor – AI & ML, Sukraa Software Solutions, Chennai, delivered an inspiring address on the evolving role of technology and artificial intelligence in healthcare while emphasizing that compassion remains the essence of medical practice. As part of the Doctors' Day celebrations, senior and distinguished members of IMA Shivamogga were felicitated in recognition of their outstanding service to the medical profession and society. The doctors honoured were Dr. S. Lachyappa, Dr. B. P. Vishwanathan, Dr. N. R. Sreemathi, Dr. Geetha Sushil Kumar, and Dr. Sushil Kumar B. V. On 02.07.2026 MSN program- Dr C N Sreenivasan addressed the medical students on the topic of "Whole slide Imaging & Histopathology". On 03.07.2026- IMA Shivamogga Health Articles' Column in Shimoga times newspaper – Article by Dr Akash Hosthota on the topic of Backache. On 04.07.2026- IMA Shivamogga CPR program for the staff & Rifle training Workshop trainees at Police grounds. Dr Swetha Badami & Dr Sandhya Panji were resource persons. On 05.07.2026 IMA Shivamogga talk in Bhadravathi Akashavani by Dr Yuvaraj on the topic of Rabies. On 10.07.2026- IMA Shivamogga Health Articles' Column in Shimoga Times Newspaper – Article by Dr Shreya Mallesh on the topic of "Bursting the myths during Pregnancy". On 12.07.2026- IMA Shivamogga talk in Bhadravathi Akashavani by Dr Karthik U M Maiyya on the topic of Obsessive Compulsive Disorder. On 11.07.2026- Health Awareness Program at Kamala Nehru College by Dr Swathi Kishore on the topic of Menstrual Hygiene. On 16.07.2026- Skin Health Camp for the inmates of Central Prison, Shivamogga. Team led by Dr Manjunath did the check up. Free samples from IMA Shivamogga was distributed. On 16.07.2026- Health awareness talk at Kamala Nehru College by Dr P Narayan on the topic of "First Aid". On 17.07.2026- IMA Shivamogga Health Articles' Column in Shimoga times Newspaper-

Branch Activity Gallery



Bengaluru



Athani



Bidar



Chellakere



Chikkaballapur



Coorg



Gadag



Gangavathi



Branch Activity Gallery



Gokak



Harapanahalli



Hangal



Hospete



Jamkhandi



Kadur-Birur



Kolar



Koppa



ಕ್ರಿತು ಫರ್ಟಿಲಿಟಿ ಸೆಂಟರ್



Kritu
Fertility Centre
Adding smiles to life...



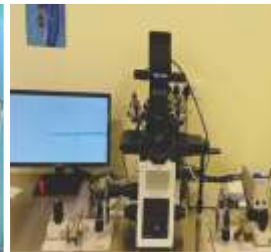
ಡಾ. ಅನುಪಮಾ ಪಾಟೀಲ

MBBS, MS OBG, FRM, FMAS, Advanced Diploma in ART (Germany)
IVF Consultant,

"journey to
parenthood begins"

ನೀವೇನಾದರೂ ಕೆಳಕಂಡ ಸಮಸ್ಯೆಗಳಿಂದ ಬಳಲುತ್ತಿದ್ದರೆ, ಭೇಟಿ ಮಾಡಿ

- * ಸಂತಾನ ಹೀನತೆ
- * ಅಂಡಾಶಯದ ತೊಂದರೆ
- * ಅಂಡಾಣುಗಳ ಕೊರತೆ
- * PCOD
- * ಎಂಡೋಮೆಟ್ರಿಯೋಸಿಸ್
- * ಗರ್ಭನಾಳದಲ್ಲಿ ಬ್ಲಾಕ್
- * ಗರ್ಭಕೋಶದ ಸಮಸ್ಯೆ
- * ವೀರ್ಯ ಸಮಸ್ಯೆ



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IMA-KSB Doctors' Day Celebration Gallery



Sirsi



Sullia



Udupi



Vijayapura



Yadgiri



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Dr.Mahesh G

Hon. Secretary, IMA-CGP

Participated South Zone CGP Conference
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**INDIAN MEDICAL ASSOCIATION
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Article by Dr Madhu L on the topic of 'Fibroids'. On 18.07.2026- Talk on "General & Menstrual Hygiene" at Madhava Nele by Dr Kousthubha Arun. Around 35 girls were addressed. On 20.07.2026- IMA Shivamogga talk in Bhadravathi Akashavani by Dr Yuvaraj on the topic of Hepatitis

Branch : Sirsi
President : Dr. Mukund Marathe
Secretary : Dr. Harsha Nadgir

Medico- social Activities: Dr. Ravikiran Patwardhan, Dr. Kishore Pawar and Dr. Krishnamurthy Raysad gave talks on the ill effects of addictions and how to overcome the desire of ill habits. They also motivated the students to be focused in life. Dedication and its impact was also discussed. The seminar was conducted in Hulekal Shridevi High school and Sriniketana School on 20th and 21st of July. Dr. Dinesh Hegde delivered a talk on awareness about substance abuse and drug addiction in Sampakhanda High School. 100 students and their parents attended the program. Under the guidance of Dr. Giridhar, Prashanti foundation is implementing early intervention programme for all types disabilities in Sirsi taluk since for the past 2 years. 123 children in 0 to 8 age group were identified by the field workers to conduct psychotherapy at their homes, it is a home-based rehab programme. Aids and appliances were also provided. Dr. Suman Hegde addressed the mothers of students of Lower and Higher primary School - Avemaria, Sirsi on the topic of "Nurturing The Young: A Mother's Role in Raising Happy, Confident Children". Continuing Medical Education (CME) Dr. Suman Hegde, Dr. Mamata Hegde and Dr. Swati Arora completed the certification course on Approach to Lab Haematology. **Special Day Observation:** On the occasion of Doctors Day celebration voluntary blood donation by doctors was conducted at PGH Blood bank Sirsi on 1st of July. 13 members of Sirsi IMA donated blood and live by the example of service. This is a voluntary blood donation by doctors every year. On 26th July Doctors day celebrations were held at Rangadhama and Dr. Nagrajappa has been awarded with the Vaidya Ratna award 2026 for his exemplary services to the people in remote rural areas. He conducts regular home visits to remote places to treat the elderly and bedridden patients. Along with the formal function a cultural night was organised where the members of IMA and their family members showcased their talents. **Individual achievements:** 1. Dr. Suman Hegde took the office as Asst. Governor of our rotary district. She is the first female Asst. governor of our rotary district. 12

riders from Sirsi cycling club, including our IMA members from Sirsi and cycled till Pandharpur, a total distance of 430 kms. Many peddled the entire distance continuously while a few intermittently. Dr. Swati participated. Dr. Dinesh cycled the entire distance while Dr. Vinayak S peddled 300 kms. On going projects: 1. There were 63 new admissions, 57 patients were discharged in Rotary IMA PGH NICU from May 20th to June 19th. 2. Total 14 women underwent screening for CA Breast mammography at Sirsi scan centre. 3. 03 new babies were screened, 05 follow up baby were examined and 1 baby underwent bilateral laser therapy under the project BIRDY- a joint venture of Ganesh Netralaya and IMA Sirsi. 4. A total of 316 units of blood issued from PGH Blood bank which is run in collaboration with Sirsi IMA. Total of 270 were donated by the donors. Blood donation camps were conducted at Mundagod, Yellapur and nearby villages.

Branch : Sullia
President : Dr. Aishwarya K. Chidananda
Secretary : Dr. Geeta Doppa

On 23.06.2026 Dr Saigeeta - Treasurer IMA Sullia addressed Awareness Program on International Day against Drug abuse and illicit trafficking. On 02.07.2026 Dr. Veena delivered a health and hygiene talk in KVG Polytechnic. On 11.07.2026 Dr Geeta Doppa, Hon. Secretary IMA SULLIA attended the BSOG CME for postgraduate teaching in Bangalore. On 11.07.2026 Dr Subramanya Bhat Life member of IMA Sullia passed away. On 18.07.2026 IMA Sullia Celebrates Doctors' Day with Family Get-Together. IMA Sullia celebrated Doctors' Day on 18th July 2026 at KVC Hall-2, KVG Medical College, Sullia. The event was graced by Dr. Naaz Jahan Shaikh as Chief Guest and Dr. K. V. Chidananda as Guest of Honour. Dr. Saigeetha Janesh and Dr. Guruprasad Bhat were felicitated for their outstanding achievements. The programme included games for doctors and their families, tree plantation, a formal function, entertainment, and Aati theme dinner. The event highlighted the dedication of the medical fraternity and strengthened bonds among members and their families.

Branch : Udupi-Karavali
President : Dr. Ashok Kumar
Secretary : Dr. Manas ER

On 21.06.2026: International Yoga Day-YOGAMRUTHAM . was celebrated at IMA BHAVAN in association with Manipal OGS (MOGS) and KGOA Resource person RAJAYOGI AVINASH WANKAR, CHIEF

GUEST was Dr RAJASHREE PALADI President of KSGOA . Attended by > 60 members attended the programme in Hybrid mode. On 24.06.2026: Monthly CME was conducted . Topic was - Staying legally Safe.: Latest Updates in Medicolegal Practice. Distinguished Speaker was Dr Shankar M Bakkannavar, Head of Department Forensic Medicine and Toxicology. Sponsored by Girija Surgicals . Around 80 members attended the CME. On 24 & 25.06, 2026 Dr Veena Devaramane Conducted "faculty development Program" at Rajahmundri, Andrapradesh State. About 70 faculty of LENORA Institute of dental Sciences participated. On 01.07. 2026 Celebrated DOCTORS DAY at IMA BHAVAN. Chief Guest was Dr Anil Bhat, Dean Kasturba Medical College, Manipal. Dr. Praveen Shastri briefly reflected upon remarkable life and enduring legacy of Dr BC Roy. Dr Amna Hegde conducted the MC. Dr. Ashok Kumar, President delivered the Welcome Address. Dr PSVN Sharma, Dr Shashikala Bhat and Dr Amarnath Shastri were awarded for their exemplary services . Dr. Sanath Rao, the Treasurer, was present with dignitaries and played a crucial role in ensuring the smooth conduct of the event.. Dr Manas E R proposed vote of thanks . >150 members attended the event. The event was sponsored by Dr P V Bhandary and Dr Sulatha Bhandary. On 01.07.2026 DR. SATHISH KAMATH AND DR INDIRA SHAUNBAGH, DR RAMACHANDRA BAIRY WERE AWARDED BY MALABAR GOLD AND DIAMONDS and other organisations. ON OCCASSION OF DOCTORS DAY. On 11.07.2026 Dr Shruthi Ballal has completed 10 years of her service along with 200 free health camps and awareness programs. On 11.07. 2026 On July 12, 2026, Sunday the IMA team, led by our President, Dr. Ashok Kumar Kamath, presented our vision for the period 2030-35. The topics covered included post-partum hemorrhage, which should be included in the Ayushman Bharat scheme, improving awareness about traffic sense among school children, and prioritizing the safety of doctors in disputes with patients. We also emphasized the need for a purely government-run medical college. Additionally, we advocated for prevention in urban planning, sanitation, and vector control, school-based health awareness and promotion, moral education and civic sense in school children. Regular health camps for early detection of diabetes, hypertension, and other non-communicable diseases were also highlighted. Furthermore, we called for stronger campaigns to prevent rabies (Karnataka has a high number of rabies deaths), raise awareness about cancer warning signs, promote organ and blood donation, and address civic environment, roads, and active mobility. We also advocated for better-planned

highways and urban roads with scientific design, dedicated tracks for cyclists and pedestrians, and resistance to unscientific deviations driven by vested interests. Lastly, we requested regular, structured dialogue between the district administration and medical associations to ensure that decisions on health, infrastructure, and regulation are informed by ground-level experience. On 18.07. 2026 Dr Rajalakshmi was awarded Dr Shyam Prasad Best Medical Literature Prize 2025-26 for her book Vatsalyada Osage. On 19.07.2026 The Indian Medical Association (IMA) Udupi-Karavali organized its monthly Continuing Medical Education (CME) programme at the IMA Bhavan, Nayarkere, Udupi. During the programme, experts from AJ Hospital, Mangaluru delivered lectures on two important topics. - Dr. Dinesh Kadam (Plastic Surgery) spoke on "Spectrum of Cosmetic and Plastic Surgery." He explained various indications for plastic and reconstructive surgeries, including reconstructive procedures for patients who have lost limbs due to accidents and road traffic accidents, surgeries for the removal of birthmarks and moles, bariatric surgeries for the treatment of obesity, and reconstructive surgeries performed following burn injuries. Dr. Roshan Shetty (Urologist) delivered a lecture on "Advances in Urology: Practical Updates for Clinicians." He provided detailed information on the causes, symptoms, and treatment of various urological disorders. He also shared updates on the latest treatment approaches, emerging technologies, and modern management options in the field of urology. As a special highlight of the event, the second edition of the IMA Udupi-Karavali "Capsule" publication was formally released in the presence of distinguished guests. Dr. Ashok Kumar, President of IMA Udupi-Karavali, welcomed the gathering and addressed the audience. Dr. Manas, Secretary, compared the programme, while Dr. Sanath Rao, Treasurer, proposed the vote of thanks. Approximately 60 members participated in the CME programme. AJ Hospital, Mangaluru extended its support for the successful conduct of the event. On 19.07. 2026 Our Own member DR Virupaksha Devarumane was a speaker at another branch - IMA Dharwad. Dr. Shashikiran Article published by Vishwavani Paper. Dr P. V. Bhandary Article published by Janapradini E-paper.

Branch	: Vijayapura
President	: Dr. Girish Kullolli
Secretary	: Dr. Vijayakumar Patil

IMA Vijayapura Organises Sports Events as Part of

Doctors' Day Celebrations. As part of the Doctors' Day 2026 celebrations, IMA Vijayapura successfully conducted a series of sports events on 21st June and 28th June 2026, with enthusiastic participation from doctors and their family members. The competitions included badminton, table tennis, chess, carom, and swimming for both men and women, while the cricket match was conducted exclusively for men between the B.C. Roy and Sushruta teams. The events were organised to promote physical fitness, sportsmanship, fellowship, and teamwork among the medical fraternity. Winners of the various competitions will be felicitated during the IMA Doctors' Day celebrations.

Branch : Yadgiri
President : Dr. Chandrakanth Poojari
Secretary : Dr. Sharan Patil

On 01.07.2026 Received Vaidya Chetana State IMA Award to Dr Bhagavanth Anwar sir by Honorable Medical Education Minister Dr Sharanaprakash Patil @ BMC Auditorium Bangalore. President of IMA Yadgiri Dr Poojari and family of Dr Bhagwanth Anwar participated in the event. On 05.07.2026 Celebrated DOCTORS DAY at NVM Residency Hotel Yadgiri. Program was presided by IMA President. Chief Guests: Mr.Chennareddy Tunnur, MLA of Yadgiri District. Dr Sangamma Reddy Mudnal Senior Gynecologist Yadgiri. Felicitated Senior Doctors Dr Anwar, Dr Suresh Reddy, Dr CM Patil, Dr Surekha and Dr Shailaja Varma. More than 70 doctors along with YIMS Medical College students participated in the program and cultural activities. On 17.07.2026 CME was Organised by KIMS SUNSHINE Hospitals Hyderabad. Dr Kaushik Sridhara, Consultant Nephrologist, Dr Bokka Sri Harsha, Consultant Urologist.

Branch : Yelahanka
President : Dr. Nalina.D
Secretary : Dr. Kiran Nidagundi

IMA Yelahanka branch, in association with Aster CMI Hospital, conducted a pediatric-focused CME on June 26 at Hotel Clarion, Yelahanka, led by top child health experts. The seminar commenced with a keynote address by Prof. (Dr.) N. Karthik Nagesh (Program Director) outlining Aster CMI's vision for pediatric centers of excellence, followed by Dr. Parimala V. Thirumalesh (Lead Sr. Consultant) presenting multidisciplinary breakthroughs in advanced neonatal care. Dr. Divya Srirangarajan

(Consultant) then highlighted time-critical protocols in pediatric emergency medicine, and the event concluded with a deep dive into complex, edge-of-survival PICU case studies presented by consultants Dr. Ananya K and Dr. Lalitha AV. On June 27, 2026, the Indian Medical Association (IMA) Yelahanka and the IMA Ladies Wing, Yelahanka, in collaboration with the Bangalore Development Authority (BDA), actively participated in a monumental mega plantation drive to commemorate World Environment Day and Nadaprabhu Kempegowda Jayanti. This massive, citizen-led ecological restoration effort aimed to combat the Urban Heat Island (UHI) effect, revive Bengaluru's "Garden City" green cover, and attempt a Guinness World Record by planting 1.5 million native saplings in a single day. Demonstrating vital civic leadership, IMA members successfully planted 50 saplings utilizing the Miyawaki high-density technique to cultivate a multi-layered, self-sustaining "urban oxygen park" featuring over 30 native plant species. Beyond tangible environmental restoration, the delegation conducted an essential community outreach session, educating local school children on the critical role of afforestation in preserving ecological balance and fostering long-term environmental sustainability. IMA Yelahanka, Ladies wing organized an impactful World Population Day awareness program on 14th July at Govt High School, Yelahanka, New Town. The event commenced with the IMA Prayer recitation by Dr Padma Prakash (Chairman, Ladies Wing, IMA, KSB) and featured high school students actively participating in essay writing and poster making contests themed around "Indian Population," where the top three winners were awarded Kannada books as appreciation gifts. A core highlight was an insightful panel discussion addressing why India remains the world's most populous nation despite decades of declining birth, growth, and Total Fertility Rates (TFR). During this session, Dr Sowmya R. Naveen highlighted the roles of rising literacy and advanced medical aid; Dr Jagannath Jodidhar discussed regional TFR variations and personalized family planning; Dr Padma Prakash outlined vital structural reformations; and IMA Yelahanka's President Dr Nalina and Secretary Dr Kiran Nidagundi briefed attendees on upcoming community health camps. The program concluded seamlessly with a student-centered summary and a formal vote of thanks delivered by the school principal, Mrs Sridevi.

IMA-KSB Ladies Wing Activities

Bengaluru: On 10.07.2026 World population Day was observed by IMA ladies wing in Bengaluru at a factory in Chamrajpet Bangalore.



Hosapete: 21.06.2026 International Yoga day was celebrated.



Bhadravathi: On 30.6.2026 Tharunya adolescent health program was conducted.



Hubli: On 04.07.2026 celebrated Vana Mahotsava at Chinmaya CBSE school.



Dharwad: On 05.07.2026 Conducted sports meet to all lady doctors.



Raichur: On 3.07.2026 School health program was conducted at Kakatiya school.



Gadag: On 01.07.2026 conducted HPV vaccination awareness program to KLE high school students.



Sullia: On 18.07.2026 doctor day celebrations done by IMA Sullia.



Gangavathi: On 3.7.2026 adolescent triumph program was conducted by IMA ladies wing Gangavathi at kishkinda college Gangavathi.



Shimoga: On 04.07.2026 CPR program was conducted to staff and police personnel at police grounds



Tumkur: On 5.7.2026 IMA ladies wing Tumkuru conducted outdoor sports meet at varin international School, Kunigal Road, Gulur Tumkur.



Udupi-Karavali: On 21.06.2026 International Yoga Day was celebrated.



Yadgiri: Doctors day celebrations by IMA KSB Yadgiri branch.



Yelahanka: On 14.07.2026 IMA Yelahanka ladies wing created awareness programme to children at government school Yelahanka on the occasion of international population day.



Obituary

**Dr.Subramanya Bhatt
Sullia**





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2	From 31 to 35 Years	200	500	10000	2000	15000	27700
3	From 36 to 40 Years	200	500	11500	2500	15000	29700
4	From 41 to 45 Years	200	500	18000	3000	15000	36700
5	From 46 to 50 Years	200	500	23500	4500	15000	43700
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Ramanagara-Chennapatna



Yelahanka

IMA-KSB President Inaugurated IRIA Badminton Tournament



Opening of New IMA-Moodbidri



Indian Medical Association

Karnataka State Branch IMA House, Near IMA Circle
Alur Venkata Rao Road, Bangalore- 560 018
Ph.: +91-80-26703255 | Email : imafocus@gmail.com
Web : www.imakarnataka.in